

# April 2024



## ORCA Calendar

### Outdoor Recreation and Community Access

AC: Adventure Club - \$25

Open to persons 15 & over with any ability level

SOAR: \$10 Senior Activities – Open to adults 60 and over























Senior Hiking Club (SHC): \$10 Transportation included.

Transportation: \$3 one way, \$5 both ways.

Scholarships available. Thanks to generous donations from individual donors and granting partners.

Contact Kari at  
888-487-1033 or  
krogers@sailinc.org

\*\*Activities are subject to change\*\*

| Sunday   | Monday | Tuesday  | Wednesday | Thursday  | Friday  | Saturday |
|--|--------|--|-----------|---|---|----------|
|  | 1      | 2<br>Elder Coffee Time <br>AC: Easter Egg Hunt and Crafts   | 3         | 4<br>SHC: Forest and Muskeg Trail   | 5<br>Bingocize!    | 6        |
| 7<br>Intergenerational Walking Club        | 8      | 9<br>AC: Whale Watching    | 10        | 11<br>SHC: Totem Park               | 12<br>Bingocize!  | 13       |
| 14   | 15     | 16<br>AC: Bonfire + S'mores   | 17        | 18<br>SHC: Blue Lake Road         | 19<br>Bingocize!  | 20       |
| 21   | 22     | 23<br>AC: Tie Dye    | 24        | 25<br>SHC: Cross Trail          | 26<br>Bingocize!  | 27       |
| 28<br>Intergenerational Walking Club   | 29     | 30<br>AC: Totem Park    |           |   |   |          |

# April 2024

**Adventure Club (AC)** \$25: Meet at the location stated at 1:30 pm. Call to organize transportation if needed. Snack, water, and gear (upon request) provided.

**04/02/24** — Join us at the SAIL office to do an Easter Egg Hunt and spring crafts!

**04/09/24** — Join us at Whale Park to hopefully see some whales!

**04/16/24** — Join us at the Halibut Point Recreation site for a Bonfire and S'mores!

**04/23/24** — Join us at the SAIL office to make Tie Dye shirts!

**04/30/24** — Join us at the Totem Park for a walk with warm drinks!

**SOAR \$10:** Meet at the location stated at 10:30am. Call to organize transportation if needed. Poles and snacks provided.

**04/04/24** — Senior Hiking Club: Come hike the Forest and Muskeg Trail with us!

**04/11/24** — Senior Hiking Club: Come hike the Totem Park trail with us!

**04/18/24** — Senior Hiking Club: Come hike along Blue Lake Road with us!

**04/25/24** — Senior Hiking Club: Come hike Cross Trail (Baranof St Entrance)with us!

**Zoom Get Togethers:** Every Thursday from 2:30-3:30pm. Come hang out on Zoom with us, stretch and exercise, and play games! Please call or email Kari for the zoom link.

**Senior Activities : Here are a few activities for seniors in the community, we encourage you to attend!**

**Strong and Steady Class:** Join Dorothy Orbison for her Strong and Steady class on Tuesday and Thursday afternoons at 2:00pm at the Senior Center.

**Bingocize:** Join for Bingo and light exercise at the ANB Hall on Fridays from 1:00-2:30pm.

**Elder Coffee Time:** Join Sitka Tribe of Alaska for Elder Coffee Time from 11:30am -1:30pm at Harrigan Centennial Hall on April 2nd.

**Intergenerational Walking Club:** SAIL is partnering with STA, STW, and SCS for a monthly walking club with elders and youth from MEHS.

**For more information or to reserve your spot for SAIL activities, call Kari at 888-487-1033, or email krogers@sailinc.org**